

# JANUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <i>Sunday in the Octave of Christmas</i>	<b>1</b> <b>Octave of the Nativity of Our Lord</b>	2 <i>Holy Name of Jesus</i>	3	4 <i>Choir Rehearsal 5:30 p.m.</i>	5 <i>Blessing of Epiphany Water, Sacramentals (No Homeschool events)</i>	6 <i>Epiphany of Our Lord</i> <i>Confessions 4 p.m.</i>
7 <i>Christmas Party &amp; Talent Show</i>	8	9	10	11 <i>Choir Rehearsal 5:30 p.m.</i>	12 <i>Abortion Prayer Vigil at noon</i>	13 <i>Young Roses</i> <i>Confessions 4 p.m.</i>
14	15 <i>Bible Study 7 p.m.</i>	16 <i>Catecismo para Adultos 7 p.m.</i>	17	18 <i>Choir Rehearsal 5:30 p.m.</i>	19	20 <i>Altar Guild</i> <i>Confessions 4 p.m.</i>
21	22 <i>Adult Catechism 7 p.m.</i>	23	24	25 <i>Choir Rehearsal 5:30 p.m.</i>	26 <i>Adoration begins 7 p.m.</i>	27 <i>Adoration ends 7:30 a.m.</i> <i>Confessions 4 p.m.</i>
28	29 <i>Bible Study 7 p.m.</i>	30	31	1 <i>Choir Rehearsal 5:30 p.m.</i>	2 <i>First Friday</i>	3 <i>First Saturday</i>

**Church Location:**

626 Aspen Dr.  
Security, Colo. 80911  
(719) 382-0121

**Mailing Address:**

P.O. Box 5211 Colorado  
Springs, Colo. 80931-5211

**Sacramental Emergency:**  
**(719) 464-6129**

**Parish Registration and Records:**

cosfssp@gmail.com

www.COSFSSP.org

**VOLUNTEERS**

**St. Benedict Altar Guild**

Fr. Dennis Gordon: (719) 382-0121  
Nathan Wike: cosfssp.altarguild@gmail.com

**Choir**

Kelsey Villalobos: (719) 651-9800

**Ushers**

Kris McCowen: (719) 352-1519

**Pro-Life Events**

Michael Smiley (719) 502-9149

Michelle Smiley (719) 447-7236

**Home-Schoolers' First Friday**

Gracey Wike:  
cosfssp.homeschoolgroup@gmail.com

**Young Roses of Mary Girls' Group**

Amy Seltzer: caseltzer@gmail.com

**Take-Them-a-Meal/Sunday Brunch**

Marcella Guilez: (719) 216-4142

**Housekeeping**

Jennifer Villalobos: (719) 651-8135

**Bulletin**

**Please pray for:**

**The Repose of the Souls of:**

+ Fr. Terrence Gordon, F.S.S.P.  
+ Geraldine Dudek  
+ Eileen Fain  
+ Frances Kwitek  
+ Rick Peters

**Parishioners who serve our nation:**

Sgt. Luis Arvelo-Massari, U.S. Army  
2nd Lt. Finley Ashforth, U.S. Army  
Master Sgt. Chris Biery, U.S. Air Force  
Spec. Jordan Blanton, U.S. Army  
1st Lt. Jack Deeney, U.S. Army  
Spec. 2 Victor Follis, U.S. Space Force  
2nd Lt. Adam Giammattei, U.S. Army

Seaman Paula Gennitti, U.S. Navy  
Sgt. Major Chad Keirns, U.S. Army  
2nd Lt. Jeffrey LaCoste, U.S. Space Force  
Airman 1st Class S. LaSeur, U.S. Air Force  
1st Lt. Mary McCowen, U.S. Army  
Sgt. James Pomeroy, U.S. Army  
Rear Adm. Sean Regan, U.S. Coast Guard

Spec. James Tupper, U.S. Army  
Sgt. Daniel Walsh, U.S. Army  
Sr. Airman Thomas Walsh, U.S. Air Force  
Pvt. Michael Thomo, U.S. Army  
Maj. Nathan Wike, U.S. Army  
Master Sgt. A. Youngblood, U.S. Army  
Sgt. 1st Class Cinthya Zuniga, U.S. Army

## IMMACULATE CONCEPTION CATHOLIC CHURCH

Priestly Fraternity of St. Peter ~ Tridentine Mass



*"O Mary, through thine Immaculate Conception, make my body pure and my soul holy."*

JANUARY 7, 2024  
HOLY FAMILY OF JESUS, MARY, AND JOSEPH



**Sunday Schedule:**

Low Mass: 7 a.m.  
9 a.m.  
Sung Mass: 11 a.m.

**Confessions:**

One-half hour before Mass  
Saturdays 4 p.m.

**Daily Mass Schedule:**

Monday through  
Wednesday: 8 a.m.  
Thursday: 6 p.m.  
Friday, Saturday: 8 a.m.

**Holy Hour:**

Thursday: 7 p.m.

PASTOR:  
FR. JAMES GORDON, F.S.S.P.

ASSISTANT PASTOR:  
FR. DENNIS GORDON, F.S.S.P.

# A GOOD SADNESS AND A BAD SADNESS

from: *Consoling Thoughts on Trials of an Interior Life*,  
by St. Francis de Sales

Sadness may be either good or bad.

“The sadness which is according to God,” says St. Paul, “Worketh penance unto salvation, and the sadness of the world worketh death.” Sadness can then be good or bad, according to the different effects it produces in us. In truth it has more bad than good effects, for it has only two of the latter, namely, mercy and penance, while it has six of the former, namely, anguish, idleness, indignation, jealousy, envy, and impatience. This made the Wise Man say that *sadness has killed many* and that *there is nothing to be gained by it*, because for the two good little streams that flow from it there are six very bad ones.

The enemy makes use of sadness to try the perseverance of the good: for, as he endeavors to rejoice the wicked in their sins, so he endeavors to sadden the just in their good works, and as he cannot draw them to evil unless by making them find it pleasant, so he cannot turn them away from good unless by making them find it wearisome. The devil asks only for sadness and melancholy; and as he is sad and melancholy himself, and will be so eternally, he wishes that everyone else should become like him.

Bad sadness troubles the soul, throws it into uneasiness, inspires it with inordinate fears,

and fills it with disgust for prayer; stupefies and confuses the brain; deprives the soul of counsel resolution, judgment, courage, and entirely abases its powers. In a word, it is like a severe winter, which banishes all beauty from the earth, and benumbs the very animals; or it robs the souls of all consolation and strikes its every faculty with helplessness.

King David does not complain of sadness alone, saying, “Why art thou sad, O my soul?” but chiefly of trouble and uneasiness, adding: “Why does thou trouble me?” A good sadness leaves great peace and tranquility in the soul. On this account, Our Lord, after having said to His Apostles; “You shall be sad,” adds: “Let not your heart be troubled, nor let it be afraid.” “In peace is my bitterness most bitter,” says Isaias. Bad sadness comes like a hailstorm, with an unexpected change, and great impetuosity, and so suddenly that we cannot tell whence it comes; for it has no foundation. But after its arrival, it seeks on all sides to be obeyed; while good sadness comes sweetly into the soul like a gentle rain, and with rational antecedents.

Bad sadness ruins the heart, dulling and deadening it, and making it abandon the care of the work, as the Psalmist says, or as Agar did when she left her son under the tree to go and weep.

## Upcoming Parish Events

Our priests will be unable to take any appointments or phone calls until January 9. Please do not leave any messages on the answering machine, as they may be lost.

**Today ~ Christmas Party & Talent Show**  
Our potluck parish Christmas party and talent show will begin immediately following the 11 a.m. Mass. Only those who have reserved their seat may attend.

**January 12 ~ Abortion Prayer Vigil**  
One-hour prayer vigil at Planned Parenthood begins at noon, located at 3480 Centennial Blvd. Contact Michael Smiley, (719) 502-9149 or, Michelle Smiley, (719) 447-7236.

**January 13 ~ Young Roses of Mary**  
Girls' group (ages 8-18) to meet 7:45 a.m. for Mass, with tea and breakfast to follow. Contact Amy Seltzer, caseltzer@gmail.com.

Good sadness gives strength and courage, and does not allow us to leave off or abandon a good design: such was the sadness of our Lord, which, although so great that there never was the like, yet it did not prevent Him from praying and having care of His disciples. And Our Lady, having lost her Son, was most sad; yet it did not hinder her from seeking Him diligently — as did Magdalen also — without waiting to lament and weep in vain.

Bad sadness darkens the understanding, takes away counsel, resolution, and judgment from the soul, as happened to those of whom the Psalmist says: “They were troubled and reeled like a drunken man; and all their wisdom was swallowed up” (*Psalm 106:27*). We seek for remedies here and there confusedly, without knowing what we do, and as it were groping our way. Good sadness opens the mind, makes it serene and luminous, and as the

Psalmist says, gives understanding. Bad sadness gives a disgust for prayer and a distrust of the goodness of God; good sadness, on the contrary, proceeding from God, increases our confidence in Him, and makes us pray and invoke his mercy. *Tribulation and anguish have troubled me; but Thy commandments have been my meditation.*

In short, those who are possessed of a bad sadness have their souls troubled with ever so many horrors, errors, and useless fears, with dread of being abandoned by God, of being in His disfavor of being unfit to appear before Him in order to ask pardon. Everything seems to go contrary to their salvation; they are like Cain, who thought everyone he should meet would kill him. They think that God is unjust towards them, and will be severe to them even to eternity, and that it is all in the regard alone, while the rest of the world is perfectly happy at their

## MASS INTENTIONS

FOR THIS WEEK

**Monday, January 8 ~ Feria of Epiphany**  
8 a.m. — + Karlene Johnson, by Jill Demian

**Tuesday, January 9 ~ Feria of Epiphany**  
8 a.m. — Guilez Family

**Wednesday, January 10 ~ Feria of Epiphany**  
8 a.m. — Private Intention

**Thursday, January 11 ~ Feria of Epiphany**  
6 p.m. — McCowen Family

**Friday, January 12 ~ Feria of Epiphany**  
8 a.m. — Wike Family

**Saturday, January 13 ~ Commemoration of the Baptism of our Lord Jesus Christ**  
8 a.m. — Private Intention

**Sunday, January 14 ~ Second Sunday after Epiphany**  
7 a.m. — Diaz Family  
9 a.m. — Private Intention  
11 a.m. — Pro Populo

*Our parish priests cannot accept Mass intentions at this time.*

expense; all which proceeds from a secret pride, persuading them that they ought to be better and more fervent than others, more perfect than anyone else.

But good sadness discourses in this manner: “I am a miserable, vile and abject creature, and therefore God will show me mercy; for power is made perfect in infirmity, and there is nothing astonishing in being poor and miserable.”

Now, the foundation of the difference that exists between good and bad sadness is that the Holy Spirit is the author of good sadness, and, because He is the

true Comforter, His operations are ever accompanied with sweetness and light. In fine, since He is the true good, His operations cannot be separated from the true good; and “The fruits of the Holy Ghost,” says St. Paul, “are charity, joy, peace, patience, benignity, longanimity.”

On the contrary, the wicked spirit, who is the author of a bad sadness — for I do not here speak of natural sadness — is truly a gloomy and perplexing destroyer, and its fruits can only be hatred, melancholy, uneasiness, chagrin, languor, and malice. + + +